

# CONFERENCE INFORMATION



Keynote Speaker

## **JOAN SLEIGH**

Born and raised in Camphill Community in South Africa. Background as Waldorf teacher and teacher trainer in Cape Town. Member of the Executive Council of the General Anthroposophical Society in Dornach, Switzerland from 2013 to 2020. Currently co-ordinating the World Social Initiative Forum, an international project which designs and facilitates spaces for multicultural encounters and societal change through Anthroposophy-in-dialogue.

Also currently completing an Executive MBA at the Graduate School of Business in Cape Town, focussing on new models and practices of leadership.

# WORKSHOPS



## Eurythmy with Simone Hamblett

Out of the acceptance and the stating of our "aloneness" which we may experience at first, our aim is to fill the "empty" space which separates us, with...? Ideally, with "I-imbued substance which expands itself into the periphery and our inwardly being active will transform the abyss into a bridge.

After doing Eurythmy together - I will offer certain exercises and content to engage with, hopefully wholeheartedly - we will share our experiences about the quality of the space and of our own transformation.

Our motto could be:

*"Upright between Heaven and Earth,  
Together with Michael  
We carry the Christ-Light  
Of spirit through Soul  
Into the dark halls of Matter" (Hag)*

Furthermore, this workshop is an exploration into the power which may hold us together when we "swim" in our Astral body, so to say, most of the time in our daily life (sensations, feelings, impressions).

*Simone Hamblett is a self employed Eurythmy therapist in Christchurch. She holds regular eurythmy classes online with a wide group of participants.*

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## Conversation Group with Santiago De Marco

Following the presentation from Joan Sleigh, I am offering a space for a relaxed conversation to reflect, explore and deepen her keynote presentation. This space will be facilitated via zoom for the approx duration of 1.15hr

*Santiago De Marco: I have been a member of the anthroposophical society for many years and have recently served in the executive council of the anthroposophical society in NZ. I live with my family in the Hawkes Bay where I work as the General Manager of Hōhepa Hawke's Bay & Wellington. Having lived and worked at Hōhepa for over 22 years I have a strong commitment to a sustainable anthroposophical leadership and entrepreneurial approach. I have worked across the globe and carry a wide range of experience in the social sector where I see an ongoing opportunity to being engaged and making a difference.*

# WORKSHOPS



## Art with Tracey Murphy

Standing on new soil. Practising our new gestures post pandemic and what is arising out of the compost toward shedding new light. Painting this together in community to create a new kind of inner garden.

Offering a place in this workshop toward this fertile ground and especially if painting is not normally where you tread. By trying new gestures we can create new perspectives and ways of seeing ourselves and those around us.

Our inner path leading us outward into our life anew, via the colour gestures.

We will be using the three spheres of movement on the paper –

Above and below, what we intend to do from our meditative life? What are we seeding? Left and right, what are we drawing towards us now and who is standing alongside us in support? Behind and in front, how is the wisdom of what we have known activating our pathway forward?

Come join in this colour nourishment. All warmly welcome. We will be allowing plenty of space for set up, the painting process, recapitulation and shared observations to complete our process.

Registration is essential to prepare for this workshop with materials list and how to set up provided upon registration of interest.

### **Carbon Mirrors Art Therapy**

**[carbonmirrorsarttherapy@gmail.com](mailto:carbonmirrorsarttherapy@gmail.com)**

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*Tracey Murphy – Anthroposophical Art Therapist.  
Postgraduate of the Tempera Art Therapy School (NZ)*

*Tracey is passionate about supporting individuals and communities to move through transitions using creative solutions. Working together alongside her clients to usher in renewed clarity and a greater feeling of wellbeing.*

*Using specific artistic exercises, via the painting process offered, she uses the painting as a kind of mirror. Illuminating the way forward by opening toward new gestures of thinking, feeling and willing.*

*Her art therapy training comes out of the Collot d'Herbois movement of art therapy, where Tracey met via her teacher Neeltje Prior Bollen in 1999. The work is ratified by the Medical Section at the Goetheanum.*

*For over two decades Tracey has worked as a therapist in diverse communities, and organisations throughout Aotearoa offering creative opportunities through her skills and experience as a therapist – harmonizing conflicts, supporting acute and chronic illness; and general support through developmental stages in ones biography. Her work can help to digest one's life experiences, integrating and clearing up the pathway toward the future.*

*By working alongside others to nurture, support, encourage and ultimately inspire others using her unique colour gesture, and charcoal/carbon (light and darkness practice) Tracey has observed many potent shifts in her clients lifepaths, their choices, and an improved general health and wellbeing. Putting the health of the client back into their autonomous hands, literally.*