

Anthroposophical Society in New Zealand ASNZ Christchurch Earthquake Trauma Appeal

The Anthroposophical Society in New Zealand has set up an appeal to help children, young people and families traumatised by the Christchurch earthquakes.

A second earthquake hit Christchurch on 22 February which was much more destructive than the first and has led to the loss of so much familiar in our city, in our homes and neighbourhoods, bringing deaths and serious injury, the stress of repeated aftershocks and sheer exhaustion. All this creates a deep sense of chaos and distress. Many have left Christchurch. Sadly, a good number will not return.

Children and young people are most badly affected. They lack the inner protection of adulthood. But many parents too, coping with all this, with loss of their home, livelihoods, trying to care for their children, also get stretched beyond their capacity to cope.

In the weeks and months to come, much soul damage to those affected will appear. Anthroposophical nursing and therapies, respite care and other support can help with the trauma of this.

Our appeal

In response, we've set up a fund to

A Help fund oilings, massage, art and other therapies for children traumatised by the earthquake

Something similar on a more limited scale was done after the September 2010 earthquake supported by the Weleda Trust. Something more extensive was done in Canberra in the early 2000s for children affected by the bush fires there. Subject to funds being available, Christchurch will be more extensive still. It will focus on children connected with the Christchurch Rudolf Steiner School, Hohepa and Helios Integrative Medical Centre in Christchurch but will not be limited to those communities. It will use the services of anthroposophical nurses and therapists in Christchurch where possible but will also draw in others from elsewhere as it's likely that the need will be greater than can be covered locally.

B Help fund respite care for badly affected families

This could be support for them to take time away or to have additional care and support to relieve parents trying to care for children in very difficult circumstances. This would be assistance with travel costs, or to fund helpers who would take on some of the family's immediate needs.

C Other needs as identified

This is a fast-changing situation and we don't want to see the money donated get 'stuck' when a new and pressing need has become clear and within the spirit of what we are trying to do. Any such purpose would be identified by the group managing the fund but have a direct link to the consequences of the earthquake, which would not be funded elsewhere, and where anthroposophical work can make a valuable contribution without limiting it to a particular community.

Management of the fund

Every dollar donated will be used for these purposes. We've set up a bank account to receive donations exclusively for this. Any costs of administering the fund will be paid directly by the Society.

The fund has a management committee of those connected with this work and also with a strong Christchurch presence. None of the committee will benefit from the fund. They are

Mike Sargent Doctor, based in Christchurch, and school doctor for the Christchurch Rudolf Steiner School

Mark Thornton Treasurer and Executive member of the Federation of Rudolf

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Steiner Waldorf Schools in New Zealand, based in Titirangi and a teacher and administrator at the Titirangi Rudolf Steiner School, who has been helping to mobilise support and funds in New Zealand

Mary Green Manager of the Weleda Trust who was involved in providing funding for the September 2010 earthquake nursing support

Glen Saunders Treasurer of the Anthroposophical Society in New Zealand, based in Christchurch, with experience of funding, charities and trusts

Reporting back

We will report back in 6 months time on the Society's web site www.anthroposphy.org.nz, through the distribution lists we are using, and to anyone who has provided us with their details. If you want to receive the report, please send **your name, your postal address and your email address to glen.saunders@gmail.com**

If you have any questions

Contact Glen Saunders by email at glen.saunders@gmail.com or write to us at

Anthroposophical Society in New Zealand
PO Box 55
Diamond Harbour
Christchurch 8941
New Zealand

The Society is a registered charity in New Zealand, registration number CC32395.

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How to donate

By PayPal

If you are overseas or want to use a credit card, the easiest and most secure way is to use PayPal. Go to the donation page of our web site

www.anthroposophy.org.nz/quakepayment.htm

where details for paying by PayPal are already set up.

If you are in New Zealand

You can make a direct bank transfer to	Bank Account number Account name	Rabobank 03-1790-0287150-02 ASNZ Christchurch Earthquake
You can send a cheque to	Anthroposophical Society in New Zealand PO Box 55 Diamond Harbour Christchurch 8941	

If you are a **New Zealand tax payer**, you can get a tax credit for your donation. Please send your name, address, email address and the amount you have donated with your donation or by email to glen.saunders@gmail.com.

If you are outside New Zealand

You can make a direct bank transfer from overseas by giving your bank the following details	Bank Address	Rabobank Level 12 80 The Terrace Wellington 6011 New Zealand
	SWIFT code	WPACNZ2W
	Account number Account name	03-1790-0287150-02 ASNZ Christchurch Earthquake

If you are in the UK

You can make a direct bank transfer in pounds sterling	Bank Address	Triodos Bank Brunel House 11 The Promenade Bristol BS8 3NN
	Sort code Account number Account name	16-58-10 20264879 Christchurch Earthquake Appeal